

Liste des 14 allergènes principaux par recette - MARIE THERESE MAGNY

| | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|-------------------------------------|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
| | Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|  | Lundi 31 Mars - Déjeuner | | | | | | | | | | | | | | |
|  | Farfalle al la peperonata | X | X | | | | | | | | | | | | |
|  | P'tit Louis | X | | | | | | | | | | | | | |
|  | Yaourt aromatisé | X | | | | | | | | | | | | | |
|  | Flan vanille caramel | X | | | | | | | | | | | | | |
|  | Fruits | | | | | | | | | | | | | | |
|  | Mardi 01 Avril - Déjeuner | | | | | | | | | | | | | | |
|  | Tomate ciboulette | | | | | | | | | | | | | | |
|  | Velouté de carottes | X | | | | | | | | | | | | | |
|  | Pilon de poulet rôti | | | | | | | | | | | | | | |
|  | Poissonnette | | X | X | X | | | | | | X | | | | |
|  | Jardinière de légumes | X | | | | | | | | | | | | | |
|  | Semoule Bio | | X | | | | | | | | | | | | |
|  | Compote pommes fraises | | | | | | | | | | | | | | |
|  | Liégeois vanille | X | | | | | | | | | | | | | |
|  | Jeudi 03 Avril - Déjeuner | | | | | | | | | | | | | | |
|  | Radis beurre | X | | | | | | | | | | | | | |
|  | Salade verte au maïs | | | | | X | | | | | | | X | | |
|  | Haut de cuisse de poulet basquaise | X | X | | | X | | | | | | | | | |
|  | Portion colin provençale | | X | | X | | | | | | | | | | |
|  | Petits pois | | | | | | | | | | | | | | |
|  | Pommes grenailles rôties | | | | | | | | | | | | | | |
|  | Fruits | | | | | | | | | | | | | | |
|  | Pompom | | X | X | | | X | | | | | | | | |
|  | Vendredi 04 Avril - Déjeuner | | | | | | | | | | | | | | |
|  | Maïs en vinaigrette | | | | | X | | | | | | | X | | |
|  | Salade Marco Polo | X | X | X | X | X | | X | X | X | X | X | X | | |
|  | Aiguillette colin pané | X | X | | X | | | | | | | | | | |
|  | Carottes persillées | X | | | | | | | | | | | | | |

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|  | Riz pilaf | | | | | | | | | | | | | | |
|  | Bûchette mi-chèvre | X | | | | | | | | | | | | | |
|  | Fromage blanc | X | | | | | | | | | | | | | |